

Health Partners Medicare

Eligible Over-the-Counter (OTC) and Wellness Rewards Items

For Special plan members

Health Partners •••• Medicare

The plan you **need**. The care you **deserve**.

Getting Started





6363 0110 0000 9999 000

Your Name





Keep this card. Your card is reusable. Your OTC allowance and Wellness Rewards dollars will be loaded on this card.

products and participating retailers, om or call Member Relations at 54-8477).

all 1-888-682-2400 (TTY 711)

or go to www.myotccara.com.

Fastcard® is a registered trademark of InComm U.S. Patent No. 7.578.439.

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1. Activate your card

Health Partners Medicare will send you a separate packet in the mail with your Over-the-Counter benefit and Wellness Rewards card. You need to activate your card before you can use it. If you received your card last year, you can continue using it. You do not need to activate it again.

Please go to www.myotccard.com or call 1-888-682-2400 (TTY 711) to activate your card. Please have your Member ID # ready to complete activation.

2. Use your card at a participating store

You can shop for approved health items at a variety of stores, including large retailers and independent pharmacies. You can use your OTC benefit and Wellness Rewards card at participating stores, including:







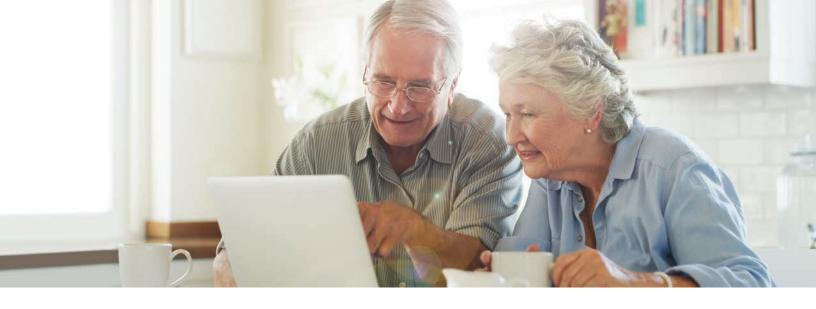




FAMILY® DOLLAR

Walgreens

When you check out, just swipe your OTC and Wellness Rewards card as credit for payment. All eligible purchases will be automatically deducted from your over-the-counter allowance and/or Wellness Rewards balance. You do not need a prescription for items.



3. Order online or by phone

You can also shop for select eligible items online or by phone.



Online: www.conveybenefits.com



1-855-858-5937 (TTY 711)

Monday through Friday, 8 a.m. - 11 p.m.

Need Help?

If you have questions, call Member Relations anytime at 1-866-901-8000 (TTY 1-877-454-8477).

Additional Details

- Please keep your card. We will load your OTC allowance and Wellness Rewards dollars to the same card.
- Pricing and availability of items may vary by retailer.
- Your Wellness Rewards dollars will be automatically loaded to your card after you complete an eligible health activity. All Wellness Rewards dollars must be used by December 31, 2022.
- Your OTC allowance will be automatically loaded onto your card on the first day of the quarter (January 1, April 1, July 1 and October 1).
- The OTC allowance does not carry over into the next quarter. Any unused dollars will expire at the end of each calendar quarter. The card cannot be redeemed for cash nor can it be used to purchase alcohol, cigarettes, or firearms.
- Your OTC allowance and Wellness Rewards dollars are separate and distinct. Your OTC allowance cannot be used to purchase items from the Wellness Rewards catalog and Wellness Rewards dollars cannot purchase items from the OTC catalog.
- To check your card balance, call 1-888-682-2400 (TTY 711) or go to www.myotccard.com.
- Any unused balances on the card will expire on December 31, 2022.

2022 OTC & Wellness Rewards Eligible Categories

For items marked "Dual Purpose," please talk with your doctor about if they are right for you before ordering.

Some items may be covered by other plan benefits. These items are marked with a note that says "Possibly covered under Part B." Other items may be covered under another benefit. To avoid using your OTC coverage unnecessarily, check with Health Partners Medicare before ordering.

	Eligible Category	OTC Eligible	Wellness Rewards Eligible
	Cotton Swabs	~	
	Baby Bath & Hair Care		✓
	Baby Grooming & Bathing		~
	Baby Health, Beauty & Wellness		~
	Baby Layette, Clothing & Footwear		~
	Baby Medicines		~
	Baby Mobility & Gear (Strollers, Carriers, Car Seats & Accessories)		✓
	Baby Oral & Teething Pain		~
101	Baby Powder, Oils, Lotions, Creams & Therapeutic Skin Care (Excluding Diaper Rash)		✓
ARE	Baby Safety Devices		~
BABY CARE	Baby Towels, Washcloths & Bedding		~
AB	Baby Toys, Gyms, Play Stations & Activities		~
B B	Bottles, Nipples, Breast Pumps & Feeding/ Nursing Accessories (Includes Nursing Pads & Creams)		✓
	Disposable Diapers & Wipes		~
	Formula, Nutritionals, Electrolytes & Baby Food		~
	Reusable Diapering & Potty Training (Bags, Pins & Pails)		~
	Teethers, Pacifiers & Accessories		~
	Training Pants, Overnight Pants, Juvenile Incontinence & Swimmers		✓
	Utensils, Cups, & Bibs		~
	Walkers, Jumpers & Swings		✓

	Eligible Category	OTC Eligible	Wellness Rewards Eligible
	Allergy & Decongestant Nasal Sprays, Drops & Inhalers	~	
	Allergy Liquids, Tabs & Caps	~	
	Asthma Preparations, Vapor Products, Vaporizers, Humidifiers & Accessories (Includes Waterless Vaporizers)	~	
>	Cold & Flu Preventatives/Symptom Reducers	~	
ALLERGY	Cough, Cold, Flu & Sinus Liquids, Tabs & Caps	~	
ä	Medicated Lip Treatments	>	
& A	Nasal Moisturizers & Washes	>	
	Nasal Strips, Dilators & Snore Relief	>	
COLD	Respiratory Treatments	>	
	Sore Throat Pain Relief	>	
	Throat & Cough Drops	~	
	Children's Cough, Cold, Flu & Sinus		✓
	Children's Throat, Cough, Children's Allergy & Nasal Relief		~
	Lip Moisturizers		✓
	Diabetes Cough, Cold & Allergy	~	
ш	Diabetes Hosiery	~	
ARE	Diabetes Neuropathy & Skin Care	~	
S	Diabetes Supplements	~	
DIABETES	Glucose Tablets & Gels	~	
ABI	Sharps Containers & Diabetes Care Supplies	~	
	Urine Test Strips & Tabs (Dual Purpose)	~	
	Blood Glucose Testing Devices (Possibly covered under Part B)		✓
	Control Solutions		✓
DIABETES CARE	Devices, Sensors, Transmitters & Continuous Glucose Monitoring Accessories		~
S	Diabetes Nutritional Bars, Liquids & Candy		✓
ETE	Diabetes Shoes		✓
AB	Insulin Pump		✓
۵	Syringes, Auto Injectors, Pens, Kits & Needles		✓
	Test Strips, Lancing Devices & Lancets		✓

	Eligible Category	OTC Eligible	Wellness Rewards Eligible
	Acid Controllers	~	
	Antacid Liquids, Tabs & Caps	~	
	Anti-Diarrheal Liquids, Tabs & Caps	~	
	Anti-Gas	~	
	Diarrhea-Related Oral Rehydration Therapy	~	
E	Digestive Health Enzymes, Prebiotics & Probiotics	~	
: НЕАСТН	Fiber Products, Enemas, Laxative Suppositories & Kits	>	
DIGESTIVE	Hemorrhoid Preparations, Treatments, Wipes & Washes	>	
GE	Lactose Intolerance	>	
٥	Laxatives & Stool Softeners	~	
	Multi-Symptom Products	~	
	Nausea & Motion Sickness	~	
	Children's Anti-Diarrheals & Anti-Gas		✓
	Children's Prebiotics & Probiotics		~
	Children's Stomach Remedies		~
	Children's Stool Softeners, Fiber Laxatives, Enemas & Suppositories		✓
	Ear Drops & Syringes	V	
	Eye Wash	V	
101	Gas Permeable & Hard Lens Care	<u> </u>	
CARE	General & Dry Eye Relief	~	
EAR C	Hearing Aids, Personal Amplification Devices & Accessories	~	
₩ W	Lipoflavonoids (Dual Purpose)	~	
EYE	Reading Glasses & Magnifying Glasses	~	
Ш	Sleep Masks	~	
	Soft Lens Saline Solutions, Cleaners & Rewetting Drops	~	
	Ear Plugs & Protection		~

	Eligible Category	OTC Eligible	Wellness Rewards Eligible
LY ING	Male Condoms	>	
	Emergency Contraceptives		~
ANNING	Female Condoms & Spermicides		✓
PLA	Pregnancy Tests, Ovulation/Fertility Tests & Support (Dual Purpose)		✓
	Feminine Antifungal		
ш	Feminine Anti-Itch & Moisturizers		
FEMININE	Feminine Deodorants, Powders, Wipes, External Washes & Douches		~
Ħ	Feminine Pads, Tampons, Pantiliners, & Menstrual Cups		~
	Adhesive & Liquid Bandages	V	
	Alginate & Collagen Dressings	~	
	Children's First Aid Dressings	~	
	Finger Cots & Splints	~	
	First Aid Dressing	~	
	First Aid Kits	~	
AID	First Aid Tapes & Adhesive Wraps	~	
	Itch Treatments	~	
FIRST	Lice, Pinworm, Ringworm, & Antiparasitic Treatments & Accessories	~	
	Masks (Respiratory, Barrier etc.)	~	
	Protective Gloves	~	
	Rubbing Alcohol, Alcohol Swabs, Alcohol Wipes, Hydrogen Peroxide & Povidone Iodine	~	
	Saline Solutions & Sprays	~	
	Scar Treatments	~	

	Eligible Category	OTC Eligible	Wellness Rewards Eligible
	Skin Protectants (Includes Petroleum Jelly)	~	
T AID	Topical Antibiotics & Antimicrobials	~	
	Wound Washes & Cleansers	~	
FIRST	Wound, Burn & Skin Treatments (Includes Epsom Salt & Witch Hazel)	~	
	Children's First Aid Treatments		~
	Children's Shampoos, Conditioners & Combination Products		~
	Children's Styling Aids		✓
Ų.	Hair Growth Shampoo, Conditioners & Treatments		✓
AR	Mousses, Hair Sprays, Pomades, Waxes & Gels		~
HAIR CARE	Permanent, Semi-permanent & Temporary Hair Color		~
I	Relaxers, Curl Kits & Perms		~
	Shampoo, Conditioner, & Hair Treatments		✓
	Sheens, Activators & Moisturizers		~
	Therapeutic Shampoo, Conditioner, & Hair Treatments		✓
	Antifungal Powders, Sprays, Creams & Liquids	~	
	Corn, Callus & Bunion Pads/Removers	~	
	Foot Pain Relief	~	
Ä	Nail Fungus Treatments	~	
r care	Plantar Fasciitis Products (Possibly covered under Part B)	~	
& FOOT	Wart Remover Pads & Liquids	~	
ех П	Ball of Foot Inserts & Cushioning		✓
	Foot Moisturizers, Exfoliators & Cleansers		✓
HAND	Heel & Arch		✓
	Insoles & Foot Cushioning		✓
	Odor & Wetness Powders, Sprays & Treatments		~
	Toe Cushioning & Protection		V
	Nail Clippers, Files & Pumice		~

OTC Wellness Rewards **Eligible Category** Eligible Eligible **Abdominal Supports** (Possibly covered under Part B) SUPPORTS Ankle, Foot, Hand, Wrist, Elbow & Arm Support **Arm Slings & Cervical Collars** Compression Sleeves, Garments & Lymphdema Treatments **Compression Socks** Elastic Bandages Electric Heating Pads & Hot/Cold Therapy Hernia Supports & Suspensories Joint Warmers & Arthritis HEALTH SUPPORT Kinesiology Tapes, Supports & Supplies Knee, Thigh, Calf & Shin Support **Protective Guards** Rib Belts Sacro, Back, Shoulder & Clavicle Braces Women's Waist High Compression & Pantyhose Athletic Compression Socks, Sleeves & Clothing Athletic Supports & Cups Athletic Tape/Wraps **Maternity Supports** Bathing & Oral Hygiene Aids ME DIAGNOSTIC & PATIENT AIDS FOR DAILY LIVING Blood Pressure Kits & Accessories (Dual Purpose) Cholesterol Meters & Testing Kits (Dual Purpose) Drug & Alcohol Tests (Dual Purpose) Eating & Drinking Aids **Dressing Aids** Medical Alert IDs & Devices Medicine Dosers, Pillboxes, Organizers & Reminders HOME Mobility Safety: Stair Rails, Stair Treads. Temporary Mobility Ramps Night Lights

	Eligible Category	OTC Eligible	Wellness Rewards Eligible
HOME DIAGNOSTIC & PATIENT AIDS FOR DAILY LIVING	Pulse Oximeters & Heart Rate Monitors (Dual Purpose)	>	
	Reachers, Grippers & Lifts (Possibly covered under Part B)	>	
	Reading, Writing & Telephone Aids	~	
E DIA	Stethoscopes & Accessories (Dual Purpose)	>	
HOM	Thermometers, Fever Strips & Accessories	>	
	Bathtub & Toilet Rails & Frames	~	
	Bathtub Safety & Accessories	~	
	Canes for the Visually Impaired	~	
	Elevated Toilet Seats, Grab Bars & Handles	~	
B	Hand Cleaners & Sanitizers	~	
	Sitz Baths, Bidets & Hand Held Showers	~	
IBLY COVERED UNDER PART	Specialized & Orthopedic Braces/Supports/Splints	~	
ED U	Wedges & Pillows	~	
VER	Adhesive & Adhesive Removers		✓
0) >	Air Purifiers & Filters		✓
(POSSIBL	Alternating Pressure Pads/Mattresses, Pumps & Accessories		~
₹	Apnea Monitors		✓
CARE	Aspirators & Suction Machines		✓
	Bags, Tubes, Sets & Feeding Accessories		✓
Е НЕАLTH	Bedding (Waterproof & Regular), Restraints, Gowns, Etc.		~
HOME	Canes & Crutches		✓
Ĭ	Cast Boots/Accessories & Post-Op Shoes		✓
	Catheter Care Trays		✓
	Cognitive Therapy (Activities, Games, Books etc.)		~
	Collection Bags, Drain Bags & Leg Bags		✓
	Continuous Passive Motion Machines		✓

	Eligible Category	OTC Eligible	Wellness Rewards Eligible
	Deodorants & Odor Eliminators		~
	Drainage Products		~
	External Catheters & Lubricants		~
	Foley Catheters - Latex, Red Rubber, Silicone & Teflon		~
	Heel, Elbow, Foot & Ear Protectors		~
	Home & Portable Oxygen Supplies		~
	Hospital Bed Accessories		~
B	Hydrotherapy (Whirlpools, Foot Baths, Etc.)		~
ART	IPPB, CPAP & BiPAP Machines & Accessories		~
UNDER PART	Irrigation Products		~
ON C	Irrigation Trays, Supplies & Solutions		~
	IV Catheters, Syringes, Needles & Supplies		~
VER	IV Equipment, Stands & Accessories		~
) >:	Joint Warmers		~
(POSSIBLY COVERED	Karaya Products, Wafers & Barrier Rings		~
POS	Light Therapy (Infrared, S.A.D. etc.)		~
	Manual & Electric Beds		~
CARE	Massagers & Treatment Tables		~
	Mastectomy Bras, Clothing & Prothesis		~
EALTH	Medical Nutritionals, Pumps & Accessories		~
王	Nebulizers		~
HOME	Orthopedic Footwear		~
Ĭ	Ostomy Skin Care		~
	Patient Lifting & Moving Aids (includes Lift Chairs, Trapeze Bars, Etc.)		~
	Standard, Narrow, Hemi, Recliner, Transport, Extra Wide & Children's Wheelchairs		✓
	Steam Packs, Hydrocollators & Cold Therapy Systems		✓
	Tracheostomy Supplies		✓
	Traction Equipment		✓
	Urinals, Bedpans, Commodes & Commode Parts		~

	Eligible Category	OTC Eligible	Wellness Rewards Eligible
HOME HEALTH CARE (POSSIBLY COVERED UNDER PART B)	Urostomy/ Ostomy Pouches		~
	Vacuum Devices, Tubing & Connectors		~
HEALTH VERED UND	Walkers, Rollators, Knee Walkers & Scooters		✓
HEA	Wheelchair Cushions/Seats, Belts & Straps		✓
HOME SIBLY CO	Wheelchair Foot & Leg Rests		✓
H (Possil	Wheelchair Ramps & Lifts		✓
	Bath Tissue Wipes	~	
	Abrasive Cleaners		✓
	Air Freshener Sprays, Solids & Gels		✓
	Bathroom Cleaners		~
	Brooms, Mops & Accessories		✓
	Dishwashing & Laundry Detergents		~
СТЅ	Disposable Napkins, Plates & Cups		✓
PRODUCTS	Fabric & Carpet Fresheners		✓
PR	Facial & Bath Tissue		~
ноиѕеногр	Floor, Furniture Waxes/Polishes & Rug Cleaners		~
ËH	Garbage Bags		✓
SOC	Household Gloves		✓
¥	Insecticides, Rodenticides & Pesticides		~
	Multi-Purpose Cleaners/Disinfectants		~
	Oven & Drain Cleaners		✓
	Paper Towels		✓
	Plastic/Foil Wraps, Bags & Disposable Storage Containers		✓
	Sponges, Scrubbers, Brushes & Dusters		~
	Window Cleaners		✓

	Eligible Category	OTC Eligible	Wellness Rewards Eligible
	Deodorizers	>	
NCONTINENCE	Disposable Underpads, Pads, Shields, Guards & Drip Collectors	~	
Z.	Disposable Underwear, Briefs & Undergarments	>	
LNC	Perineal Cleansers, Washes, Wipes & Towelettes	>	
INCO	Perineal Moisturizers, Barriers, Antifungals & Protectants	>	
	Reusable Garments & Underpads	>	
	Diuretics (Dual Purpose)	~	
	Food Scales (Dual Purpose)	~	
N N	Nicotine Patches, Gum & Lozenges	<u> </u>	
Σ	Weight Loss Cleansing & Detox (Dual Purpose)	<u> </u>	
AG	Weight Management Tabs & Caps (Dual Purpose)	~	
N M	General Health Oral Rehydration Therapy		V
Щ	Nutritional Liquids, Powders & Bars		V
LIFESTYLE MANAGEMENT	Sport/Energy Liquids, Powders, Bars, Tabs & Caps		~
뽀	Sugar & Salt Substitutes		✓
_	Thickeners & Pre-Thickened Beverages/Foods		✓
	Weight Management Foods, Bars, Liquids, Powders, Tabs & Caps		✓
	Fowders, labs & Caps		
	Denture Adhesives, Cleaners & Accessories	~	
	Denture Repair & Pain Relief	>	
101	Floss, Flossers & Gum Care	>	
ORAL CARE	Fluoride Treatments	~	
	Night & Grind Guards	~	
RA	Oral Pain, Dry Mouth & Mouth Sores Relief	~	
O	Regular/Sensitive/Whitening Toothpaste	~	
	Toothbrushes	~	
	Breath Fresheners (Includes Strips)		✓

	Eligible Category	OTC Eligible	Wellness Rewards Eligible
ORAL CARE	Children's Toothpaste, Toothbrushes, Mouthwash & Oral Rinses		✓
C	Mouthwash		✓
RA	Therapeutic Breath Treatments		~
O	Whitening Strips & Treatments		~
	Adult Acetaminophen, Aspirin, Ibuprofen & Other Anti-Inflammatories	~	
	Adult Nighttime/Specialty Pain Relief	~	
ш	Feminine Pain Relief	~	
RELIE	Muscle/Joint Pain Relief	~	
RE	Sleep Aids & Sedatives	~	
PAIN	Stimulants	~	
ď	TENS Units & Replacement Pads (Possibly covered under Part B)	~	
	Children's Pain Relief		✓
	Children's Sleeping & Calming Aids		~
IENT	Antifungals	~	
N CA	Moisturizers, Barriers & Protectants	~	
SKP	Cleansers, Washes, Wipes & Towelettes		✓
	Balls/Stability Devices (Balls, Boards, Etc.)	~	
% <u></u> ⊢	Cardio (Aerobic Steps, Jump Ropes)	~	
SS	Foam Rollers/Massage Devices	—	
A F	Pedometers & Fitness Trackers		
AL FITNESS & E EQUIPMENT	Strength/Range of Motion (Bands, Hand Exercisers, Etc.)	~	
Sic	Treadmills, Stationary Bikes, Steppers & Ellipticals	~	
PHYSICAL EXERCISE	Weights	V	
<u> </u>	Yoga/Exercise Mats	~	
	Scales (Includes Body Fat Analyzers)		✓

	Eligible Category	OTC Eligible	Wellness Rewards Eligible
	Aftershave & Skin Care		~
ಷ ದಿ	Body & Facial Waxes & Bleaches		~
NΣ	Disposable Razors		~
SHAVING & GROOMING	Razor Refills		✓
R R R	Reusable System Razors		✓
	Shaving & Hair Removal Accessories		~
	Acne Cleansers	>	
	Hand Sanitizers	>	
	Insect Repellents	>	
	Astringents, Toners, Pore Strips & Masks		~
	Bath Additives (Bubble Bath, Bath Foam, Bath Beads & Bath Salts)		~
	Bath Sponges & Loofahs		~
SKIN CARE	Body Washes, Gels & Moisturizers		~
Ü	Cosmetic Puffs & Pads		~
X	Exfoliating Body Scrubs (Salt, Sugar, Etc.)		~
0,	Facial Cleansers & Scrubs		~
	Facial Moisturizers & Eye Treatments		~
	Facial Sponges & Make-up Removers		~
	Firming & Resurfacing Products		~
	Hand Soap		~
	Medicated & Specialty Soaps		~
	Deodorant (Roll-Ons, Solids, Sprays & Gels)		✓
	Adult Sun Protection	~	
Ä	Sport Sun Protection	~	
CAF	After Sun Care		~
SUN CARE	Children's Sun Protection		~
S	Sun Care Lip Protection		~
	Sun Tanning Lotions & Oils		~

	Eligible Category	OTC Eligible	Wellness Rewards Eligible
TS	Calcium & Iron	~	
EMEN ose)	Eye Health Vitamins	~	
PPLI purp	Multivitamins & Multiminerals	~	
ਂ ਰ	Vitamin B, C, D & E	~	
DIETARY ns may be	Children's Vitamins, Minerals & Herbals		~
& DII	Colon Cleanse & Detox (non-weight loss)		~
VITAMINS (Some i	Echinacea, Garlic, Ginkgo Biloba, Ginseng & St. John's Wort		~
Ę	Prenatal Vitamins		~

Food & Grocery

As a Special plan member, you may be eligible to purchase food and produce with your \$300 OTC allowance! If you qualify, you can use your \$300 allowance to buy healthy foods like fruits and vegetables, meat, poultry, pasta, canned goods and more. Wellness Rewards dollars may also be used to purchase food and grocery items. Please see the full list of eligible items on the next page.

The first step is going to the doctor for your annual wellness visit. Once we know more about your health, we'll expand this great new benefit for you!

If you have any questions or need help scheduling an appointment, please call Member Relations at 1-866-901-8000 (TTY1-877-454-8477).

	Eligible Category	Food & Produce Eligible	Wellness Rewards Eligible
FROZEN FOOD	Fruits & Vegetables	~	✓
	Appetizers, French Fries, Onion Rings etc.		✓
	Meats	~	✓
	Seafood	~	✓
	Juices	~	✓
	Prepared Food (Stews, Pizza, Heat & Eat, Soy Burgers)	~	✓

	Eligible Category	Food & Produce Eligible	Wellness Rewards Eligible
FRESH	Medical Meals	~	~
SNACKS	Salty Snacks		~
	Nuts & Trail Mix	~	✓
A Z	Seeds	~	✓
· ·	Crackers		✓
	Dairy - (Milk, Cheese, Butter, Sour Cream & Whipping Cream)	~	✓
	Produce (Fruits & Vegetables)	✓	✓
	Meats - Poultry, Ground Beef, Beef	~	✓
	Whole Eggs & Egg Substitutes	~	✓
Щ.	Yogurt	~	✓
1AB	Margarine	~	✓
PERISHABLE	Soy & Other Nut Milks	~	✓
	Ready-to-eat, Soups, Meals, Sandwiches		✓
	Deli - Processed & Fried		✓
	Meats - Processed (Sausage, Jerky, Lunch Meat)	~	~
	Seafood	~	✓
	Bread, Rolls & Tortillas		✓
NON-PERISHABLE	Baking/Cooking Supplies (Baking Powder, Yeast, etc.)		~
	Condiments, Sauces, Dips, Mayonnaise & Salad Dressing		✓
	Prepared Food (Canned Stews, Heat & Eat)	✓	✓
	Puddings & Gelatin		✓
	Flours, Cornmeal, Nut & Seed Flours, Bread/ Biscuit Mixes		~
	Sugar - White, Brown & Powdered		~
	Herbs, Spices & Seasoning	~	✓

	Eligible Category	Food & Produce Eligible	Wellness Rewards Eligible
NON-PERISHABLE	Oils & Shortening	>	~
	Tomato/Spaghetti/Alfredo/Nutritionally Significant Sauce	~	~
	Jams, Jellies, Sweet Spreads, Syrup		~
	Peanut Butter (and other nut butters)	~	~
	Cereal (Hot & Cold)	>	~
	Breakfast Foods (Toaster Pastries, Cereal Bars, Granola & Granola Bars)	~	~
	Dried Fruit, Fruit Snacks	~	~
RIS	Pancakes & Waffles	~	~
-PE	Dry Pasta	>	~
0	Dry Beans	>	~
_	Rice & Whole Grains	>	✓
	Dry Mixes - Side Dish Mixes, Dinner Mixes		~
	Canned/Jar Fruits and Vegetables incl. Salsa & non-processed Beans	~	~
	Soup	>	~
	Canned Meat	>	~
	Canned Seafood	>	~
	Cocoa, Coffee & Tea (Dry or Liquid)	~	~
	Juices (includes sparkling)	~	~
	Bottled Waters	~	~
BEVERAGES	Dry and Liquid/Concentrated Drink Mixes	~	~
	Juice Blends, Drinks & Punches (inc. sparkling)	~	✓
	Enhanced Waters	~	~
	Sport Drinks - Gatorade & Others	~	~
	Ice	~	~
	Sparkling Water	~	✓

Notes

Health Partners •••• Medicare

HPPMedicare.com 1-866-901-8000 (TTY 1-877-454-8477)